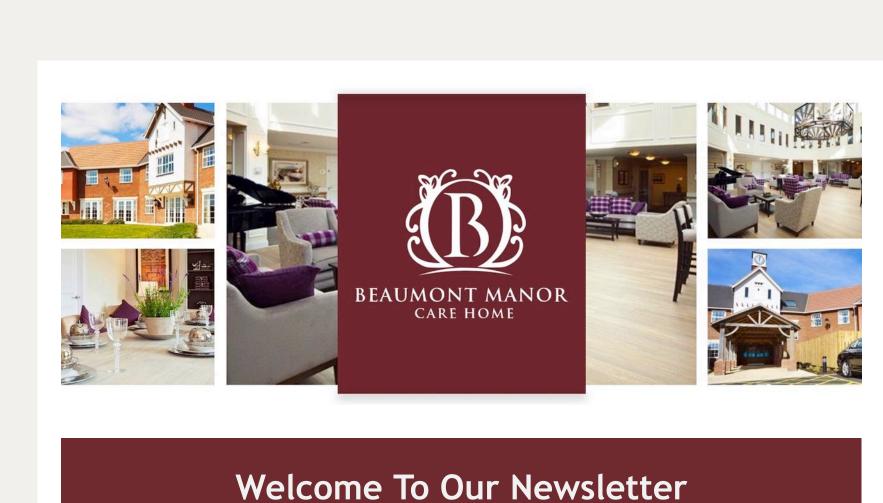
## A WARM WELCOME TO OUR SPRING 2024

Quarterly Newsletter



# As the days get longer and the flowers start to bloom, we welcome the arrival of

spring with open arms. We are excited to show you what we have been getting up to

recently. So sit back, relax and enjoy reading about our latest activities and events. If you know someone who would like to receive our email newsletters/updates just let us know, or forward them the newsletter sign up link below:

**Newsletter Sign-Up** Best wishes,

Home Manager



and connect with each other through the power of music and art. The sessions will help our residents express themselves. **Keeping Fit & Active** 



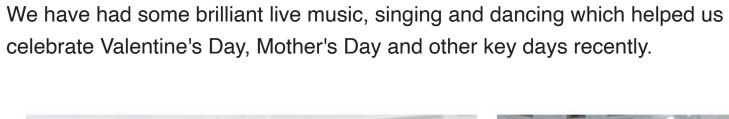
### based competitive activity for group games, where the winners receive a trophy and compete with each other.

helps individual residents enjoy sport at their own individual level.

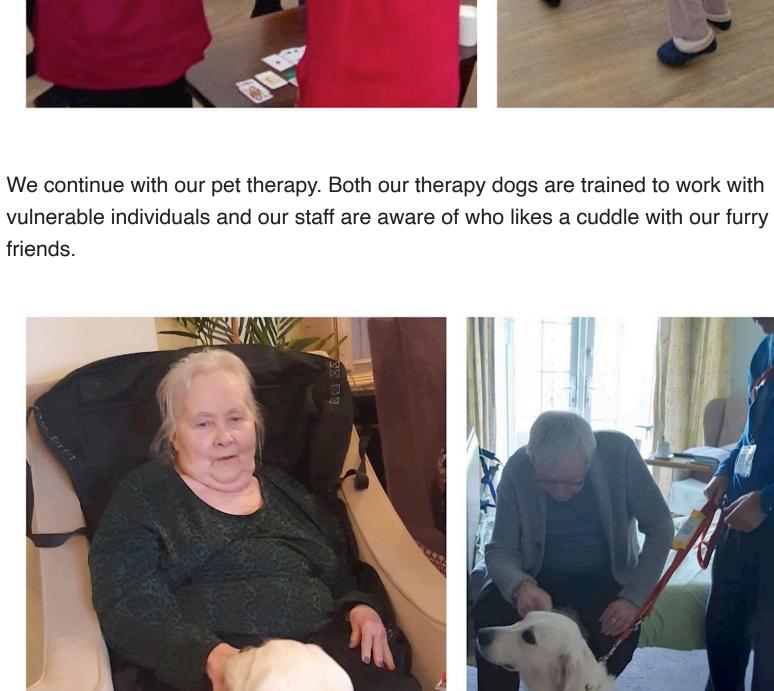














News & Updates

By popular demand, our weekly activity planner is now sent out on a Friday so our

families and friends can plan their week and chose the activities they would like to

join in. If you do not receive it please contact reception and confirm you email

address.

**Management Surgeries** 

We have welcomed Andrea Morris, our new Clinical

Manager, to our team. We held a Cheese and Wine

families could meet Andrea. We agreed in this meeting

book with reception a time they are available on that

day. There will be two parts to each surgery. Firstly,

meeting Andrea so you can discuss clinical matters

both.

relating to your loved one. The second option is to meet

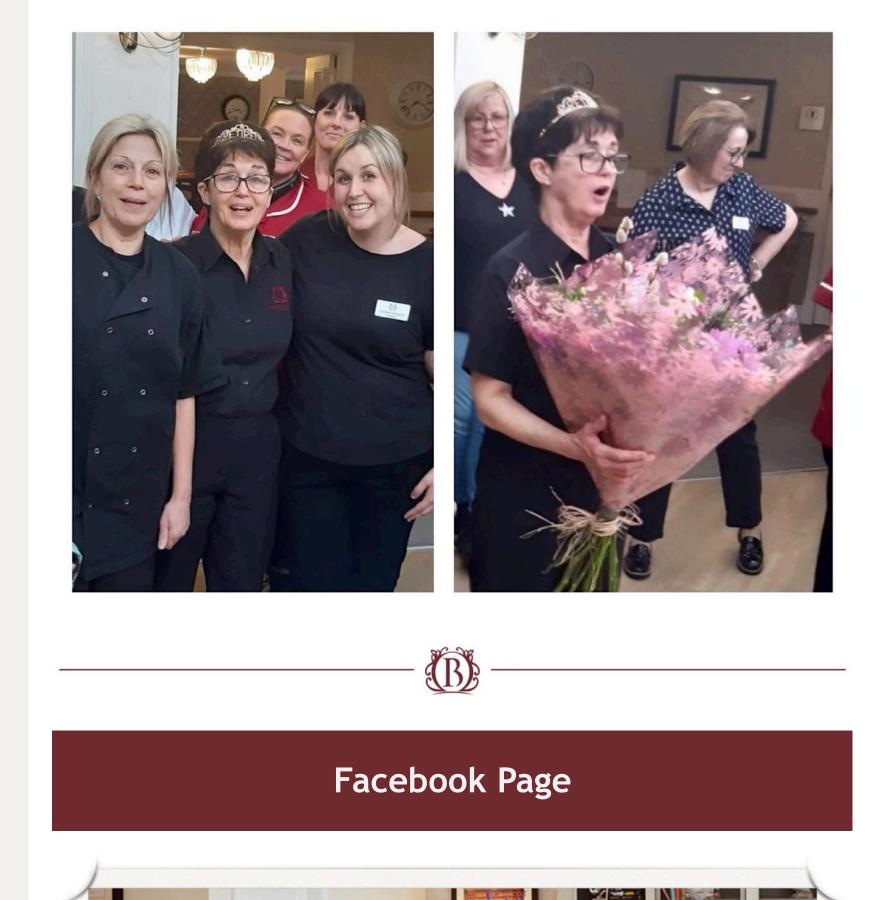
that we will hold surgeries, so families have the option to

night on the 6th of March where a selection of our





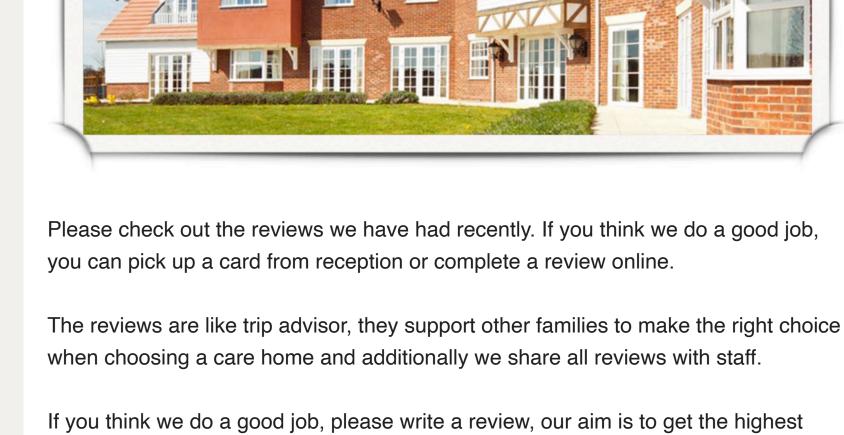
At last years Company Award Night, Tom, our Trainee Chef and Tammy, our



We would like to say thank you to Margaret who has been at the home since it

and wish her all the best in her retirement.

opened. Margaret retired at the end of February 2024. We are all going to miss her



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**Kate Emery Musical Moments** 

Our Activity Team are always finding new ideas! The home has organised a new activity for our residents who are living with dementia, Musical Moments. Our first session took place on the 18th of March. The objective of this activity is to promote inclusivity and interaction between our residents enabling all abilities to take part

Motion To Lotion Rise have taken the home by storm. This is a sport

It's very loud, very energetic and the home is filled with

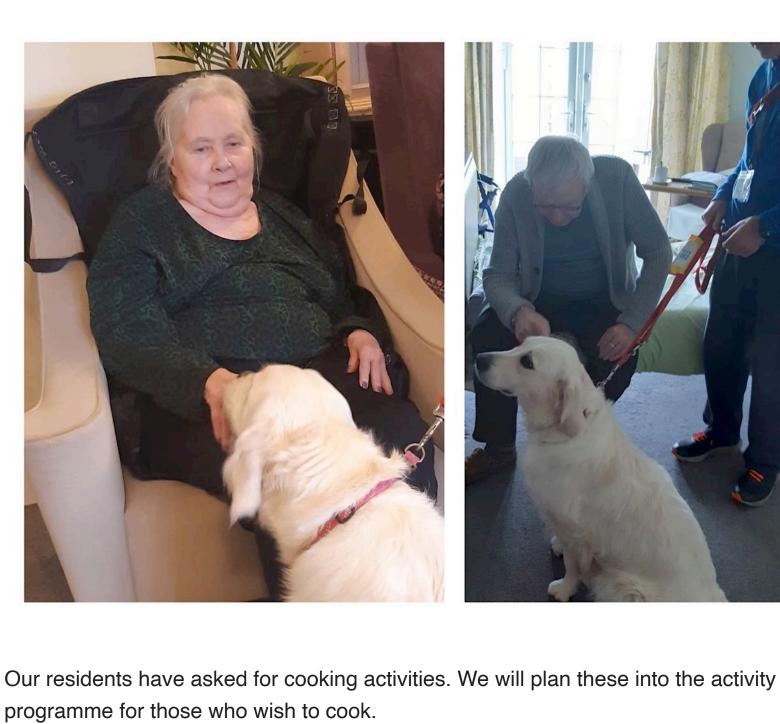
so much laughter. Rise come every week and on alternate weeks they provide 1:1 support to residents who may not be able to join a group setting for health reasons, for example nursed in bed. The RISE facilitator

We have increased the physical exercise that we offer our residents by introducing









with Kate and discuss anything else that is not clinical, or you can meet with them The first of our relative surgeries will take place on the 3rd April 2024 and run between 9am and 6pm. We ask you to book an hours slot. However if you feel you

need longer, please let the receptionist know. If the spaces all get filled up, please

speak to us directly and we will arrange another time that is convenient to you.

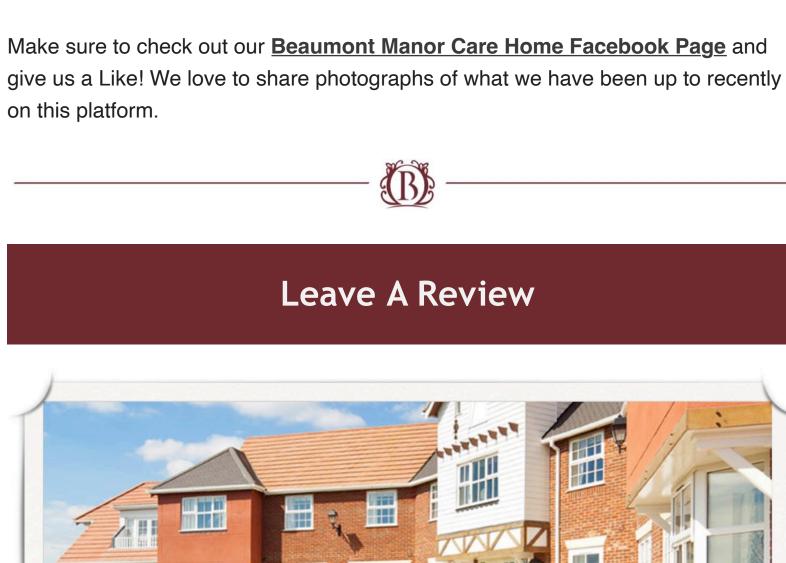
Please remember our door is always open, but these surgeries are planned to

Night. Our amazing Shirley, was the winner of Outstanding Contribution Award for

supporting our residents and staff. So deserved.



our chefs to cook the residents' meals. Congratulations Tom!



score of 10! Carehome.co.uk Reviews **Google Reviews** 

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