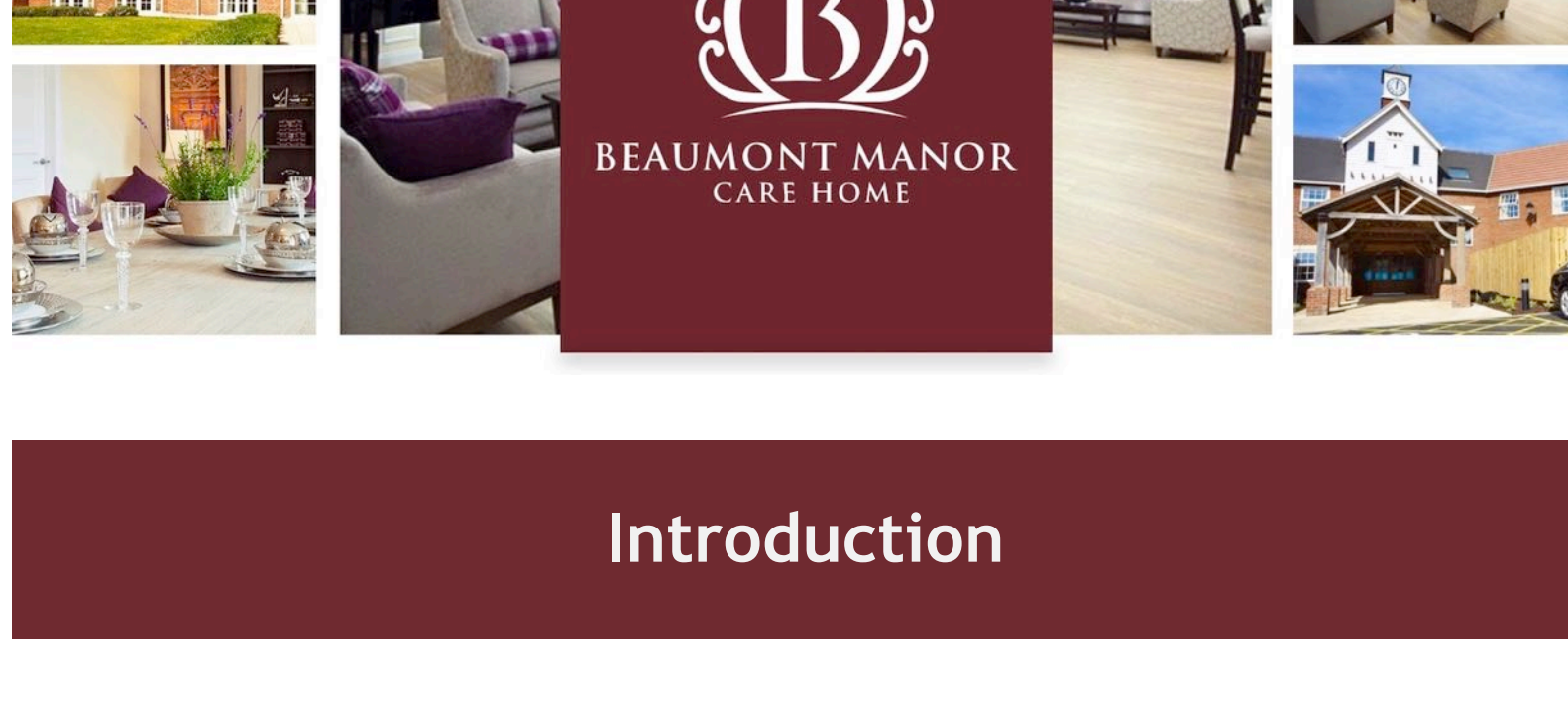


## A WARM WELCOME TO OUR AUTUMN 2024

# Quarterly Newsletter



### Introduction

We are thrilled to look back on the delightful summer days that were filled with a multitude of wonderful events and activities. As the leaves gradually transform, taking on beautiful hues and gently falling from the trees, we find ourselves ready to fully embrace the arrival of the autumn months. We are excited to fully immerse ourselves in all that the cosy season has in store, from crisp outdoor adventures to the warmth of indoor gatherings.

If you know someone who would like to receive our email newsletters/updates just let us know, or forward them the newsletter sign up link below:

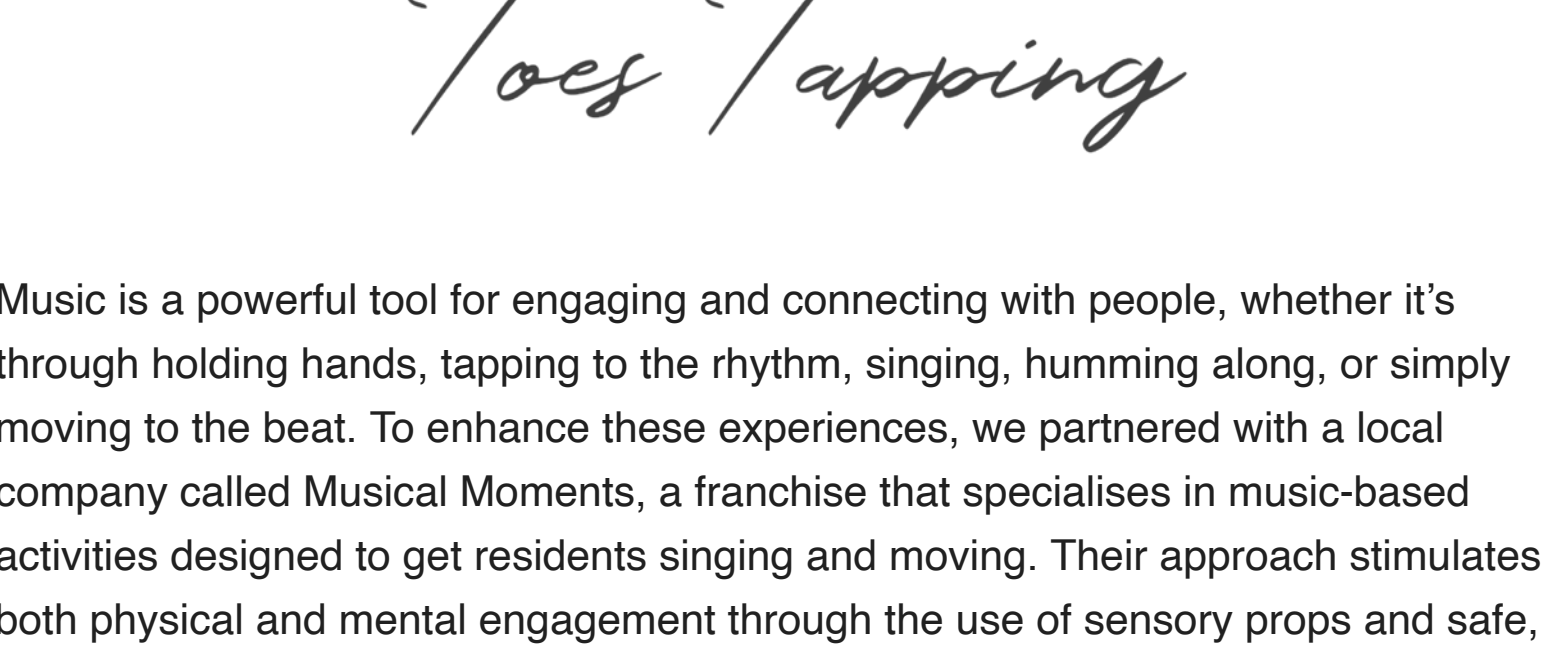
[Newsletter Sign-Up](#)

Best wishes,

Beaumont Manor Team



### Music Moments



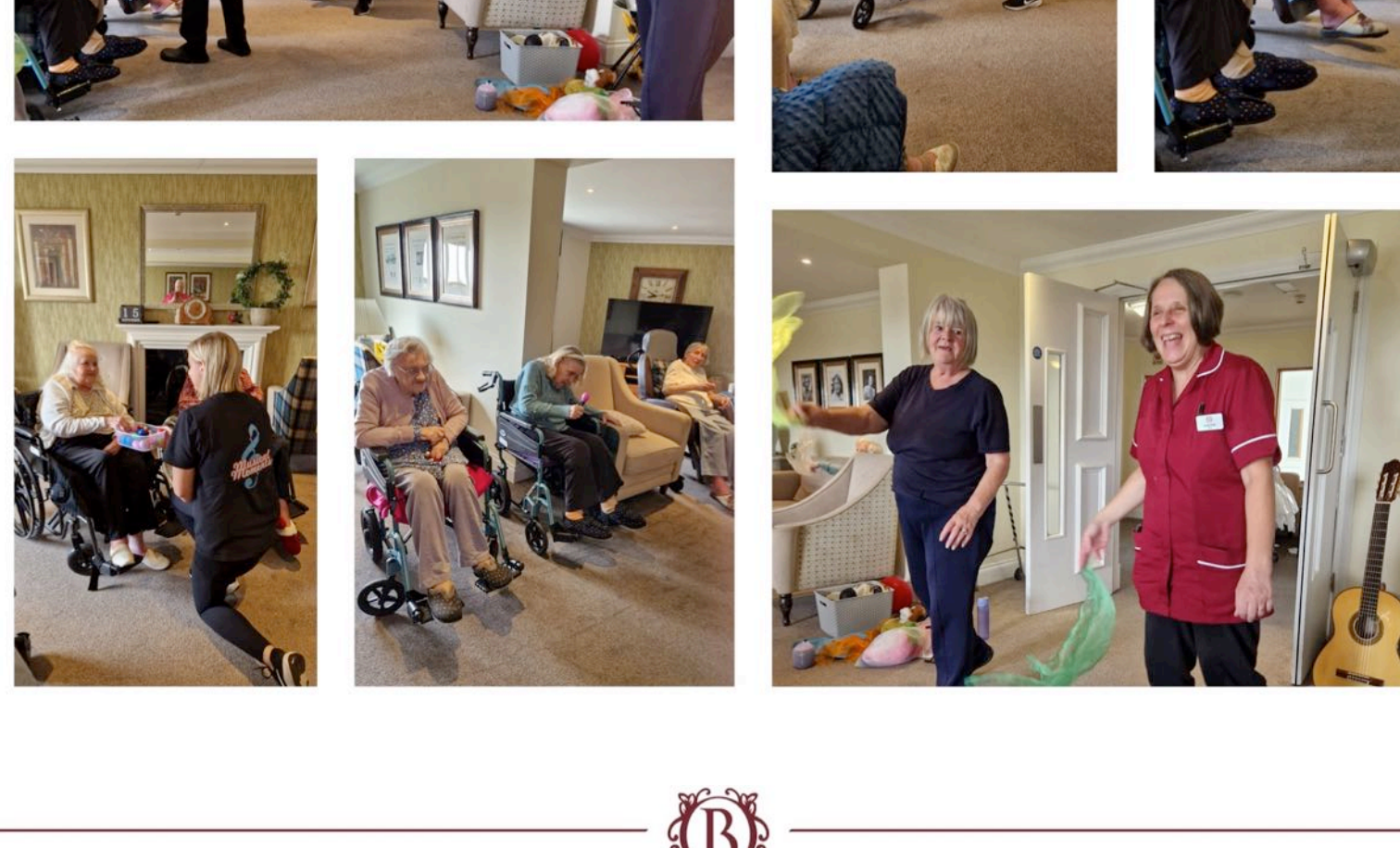
## Toes Tapping

Music is a powerful tool for engaging and connecting with people, whether it's through holding hands, tapping to the rhythm, singing, humming along, or simply moving to the beat. To enhance these experiences, we partnered with a local company called Musical Moments, a franchise that specialises in music-based activities designed to get residents singing and moving. Their approach stimulates both physical and mental engagement through the use of sensory props and safe, adaptive movements. While our initial goal was to engage residents with dementia, we quickly discovered that residents of all abilities were equally drawn to the sessions, thoroughly enjoying the experience.

The benefits of these musical activities for our residents have been remarkable, fostering feelings of safety, belonging, and happiness. This was evident in the beaming smiles, contagious laughter, rhythmic foot-tapping, arm-waving, and emotional responses as treasured memories were brought to the surface. At Beaumont, we are proud to witness how the power of music has united our residents, creating a stronger sense of community among them.

In addition to Musical Moments, we regularly host live singers, including an Elvis Presley impersonator, who bring a burst of energy and joy, sparking memories and getting everyone up to dance. Music is a key element of the activities we offer at Beaumont, carefully tailored to meet individual needs, encourage social interaction, and explore a variety of genres.

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### Making New Friends



## Friendship

The decision to move into residential care is often accompanied by feelings of apprehension and uncertainty. Adjusting to a new environment and meeting new people can be daunting. However, the residents of Beaumont Manor have discovered that this transition brings with it an invaluable opportunity; the chance to make new friends.

Among the many heartwarming stories at Beaumont Manor, residents Carol, Linda, Shirley, Jean and Jean have shared their experiences about the joys of forming new friendships in their new home. Reflecting on their move, these ladies expressed that meeting new people and building relationships was something they eagerly anticipated before arriving at the care home.

The residents are proactive in fostering a welcoming and inclusive atmosphere. They take pride in reaching out to newcomers, introducing them to other residents and finding common interests. This approach not only helps new residents settle in but also strengthens the community spirit within Beaumont Manor.

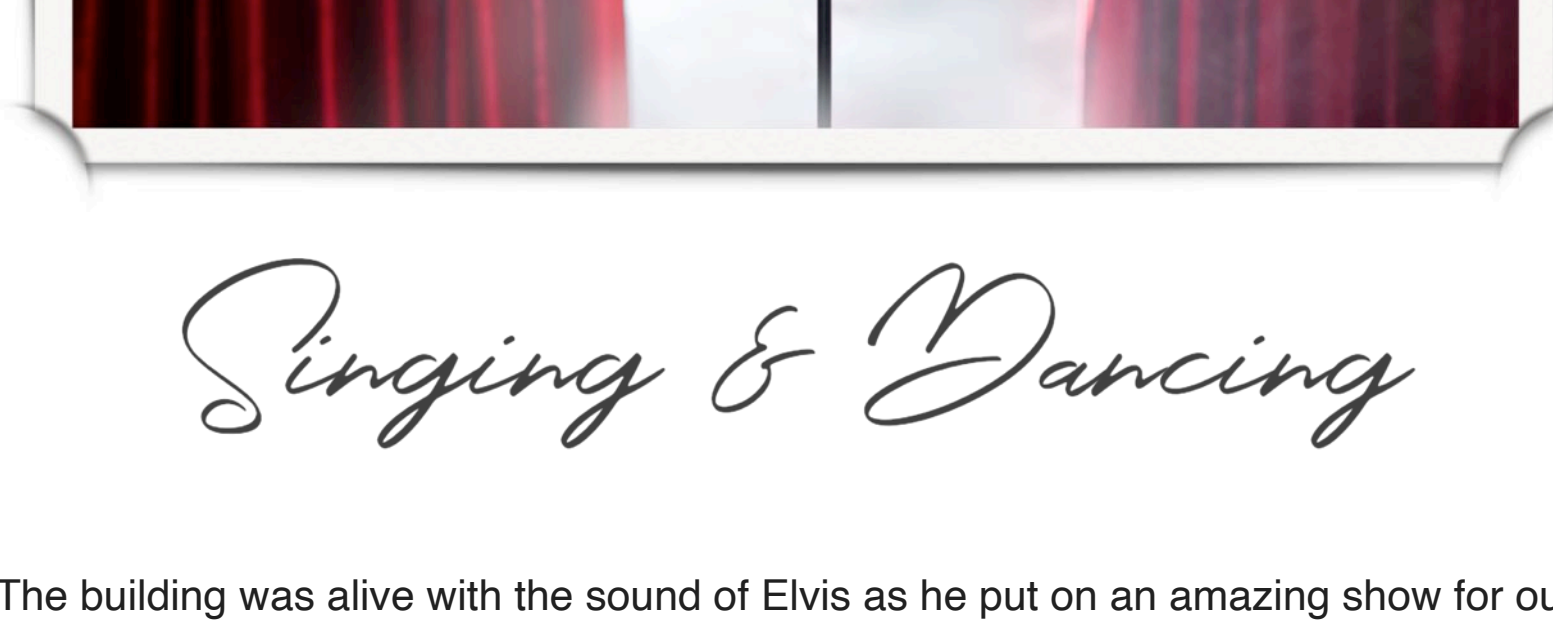
The stories of Carol, Linda, Shirley, Jean and Jean serve as a testament to the enduring human capacity for friendship, regardless of age. Their experiences at Beaumont Manor highlight the profound impact that community and companionship can have on wellbeing and happiness.

At Beaumont Manor, the message is clear; you are never too old to make friends. The bonds formed here are a vital part of what makes this community a true home for its residents.

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### Live Entertainment



## Singing & Dancing

The building was alive with the sound of Elvis as he put on an amazing show for our residents, visitors, and staff. The event was a fantastic way to celebrate Sheila's birthday, with lots of singing, dancing, cocktail drinking, and indulging in the chocolate fountain. The performance was thoroughly enjoyed by everyone present.



### Summer Sunshine

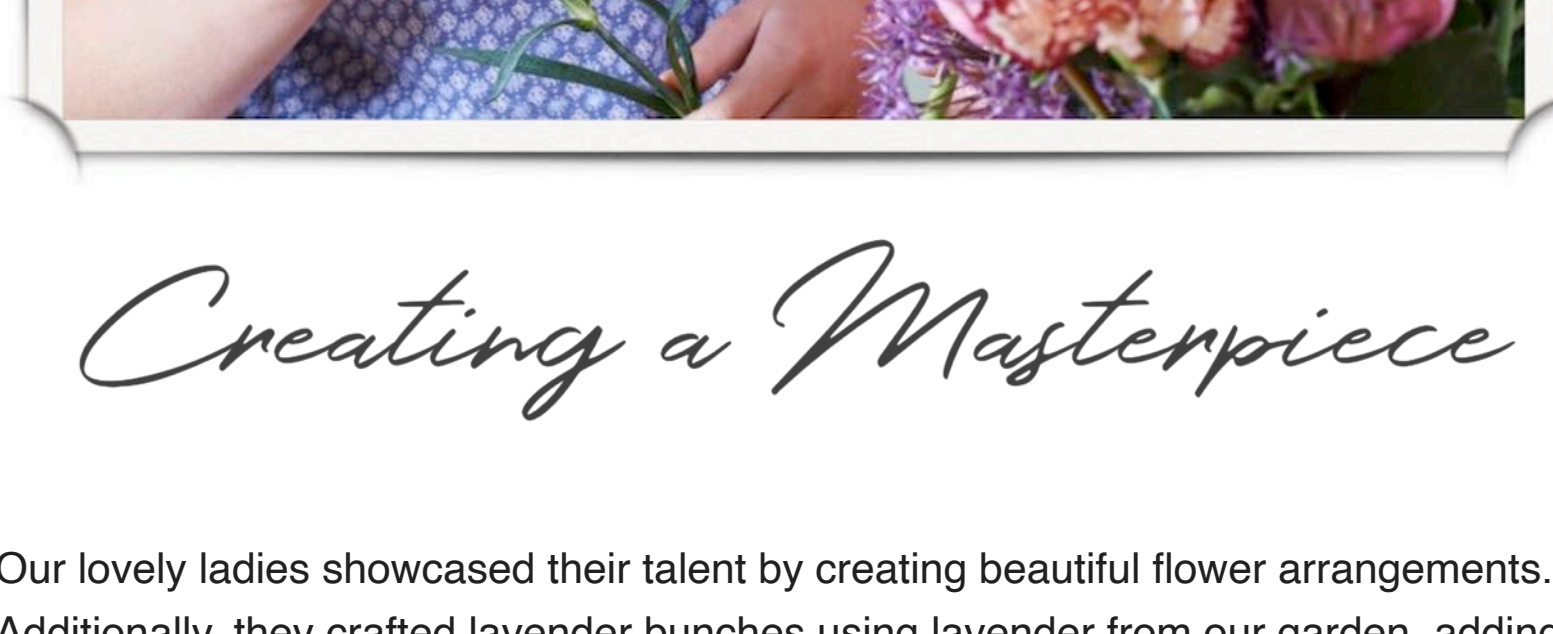


## Fresh Air & Sunshine

As summer graced us with its beautiful sunshine, we took full advantage by organising fun and games in the garden. Residents and visitors alike enjoyed the activities, with plenty of shade and refreshing drinks available to keep everyone cool and comfortable.



### Flower Arranging

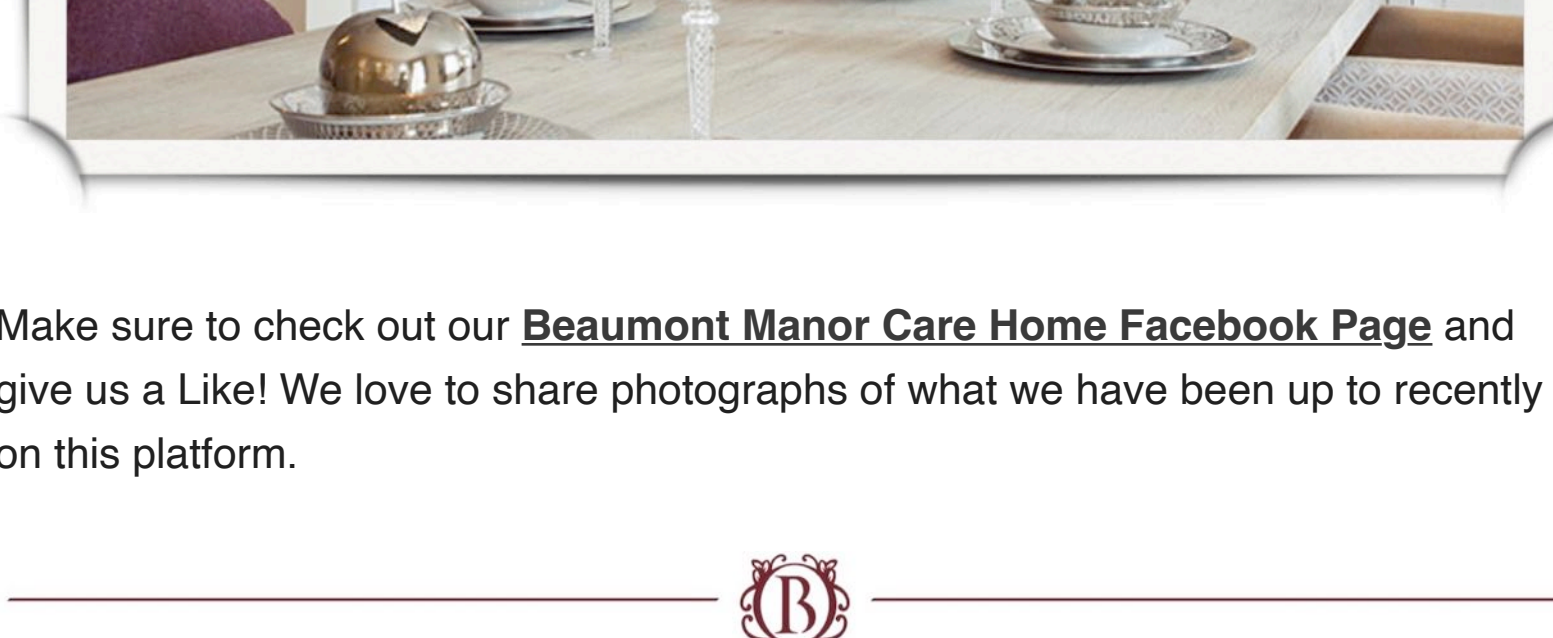


## Creating a Masterpiece

Our lovely ladies showcased their talent by creating beautiful flower arrangements. Additionally, they crafted lavender bunches using lavender from our garden, adding a touch of natural beauty to our surroundings.



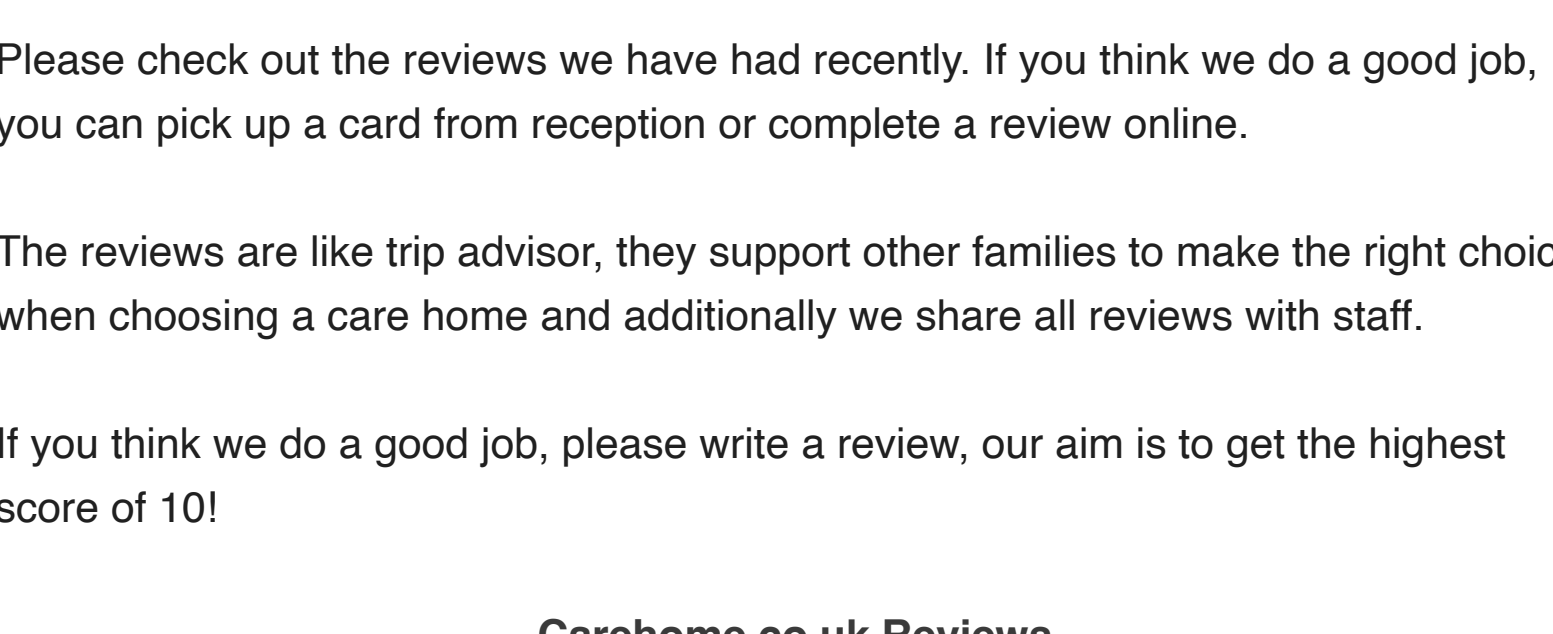
### Facebook Page



Make sure to check out our [Beaumont Manor Care Home Facebook Page](#) and give us a Like! We love to share photographs of what we have been up to recently on this platform.



### Leave A Review



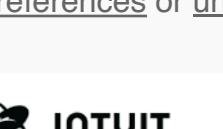
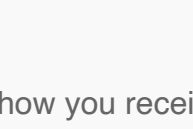
Please check out the reviews we have had recently. If you think we do a good job, you can pick up a card from reception or complete a review online.

The reviews are like trip advisor, they support other families to make the right choice when choosing a care home and additionally we share all reviews with staff.

If you think we do a good job, please write a review, our aim is to get the highest score of 10!

[Carehome.co.uk Reviews](#)

[Google Reviews](#)



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