



INTRODUCTION

Message From Our Manager

It has been a busy summer with plenty of opportunities for residents to enjoy music, entertainment, time outdoors and some new experiences along the way.

We were pleased to welcome families and friends to both our Open Day and Summer Fair. Although the weather did not quite cooperate for the Summer Fair, it certainly did not stop everyone from enjoying themselves, and we were delighted to raise **£200** towards our £990 target for The Care Workers Charity.

More recently, residents have enjoyed something a little different with a Spanish cultural session from Viva Moments, while our weekly visits from Dotty the therapy dog continue to be a firm favourite. We are also very pleased to now offer a church service every Sunday with retired minister Cliff Keys.

Within our team, we have welcomed our new Head Chef, Sanoop Chacko, who brings a wealth of catering experience with him.

Thank you, as always, to our residents, relatives, friends and staff for your continued support. We hope you enjoy catching up on some of our news from the past few months.

If you know someone who would like to receive our email newsletters/updates just let us know, or forward them the newsletter sign up link below:

[Newsletter Sign Up](#)

Best wishes,

Monica Boldeata
Care Home Manager

ACTIVITIES & EVENTS

A Taste of Spanish Culture

In September, we welcomed Elisa Perez from Viva Moments for an immersive Spanish cultural experience.

Elisa runs Spanish-inspired Cultural Wellbeing Sessions for care homes and community groups, using music, conversation and gentle activities to introduce people to different aspects of Spanish language and culture.

Residents had the opportunity to learn some Spanish words and phrases before getting involved with singing, dancing and colourful creative activities.

It was something a little different for everyone to try and there was plenty of conversation throughout the session. Residents enjoyed learning something new while also having the chance to reminisce, get creative and simply enjoy spending time together.

Thank you to Elisa for bringing a little taste of Spain to us for the day.



Our Summer Fair

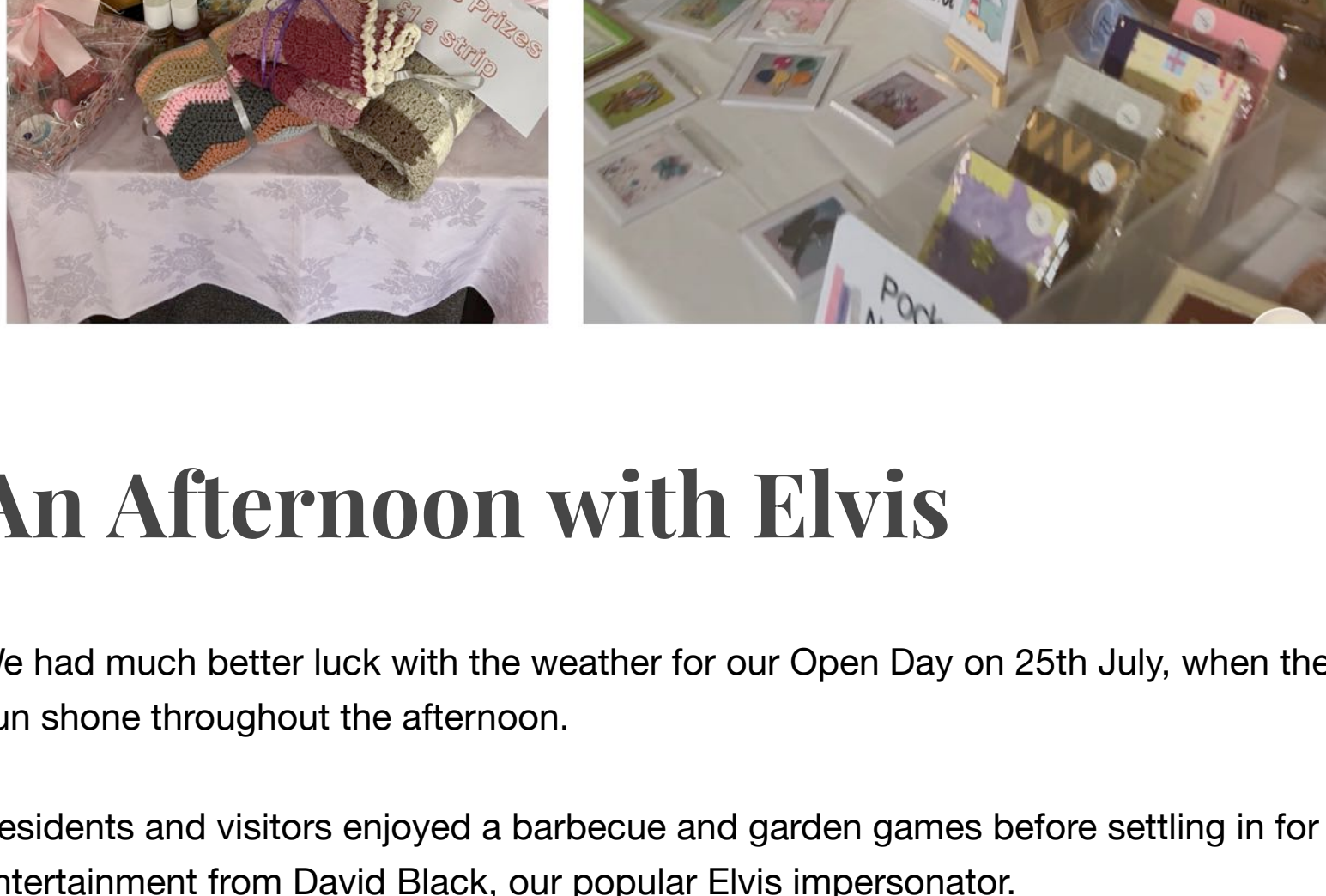
On 29th August, we held our Summer Fair and were delighted to welcome residents, relatives, friends and visitors along for the afternoon.

Singer Selina provided the entertainment with a lovely mixture of singing and keyboard playing, while visitors could also browse a selection of craft stalls selling gifts and trinkets.

Our raffle was held in aid of our chosen charity, The Care Workers Charity, and we would like to thank everyone who donated prizes, purchased tickets or supported our fundraising in any way.

Thanks to your generosity, **we raised £200**, taking us another step towards our £990 fundraising target.

The weather may have been rather wet, but we simply moved the celebrations indoors. Everyone enjoyed an indoor barbecue for dinner, and the rain certainly did not get in the way of a good afternoon together.



An Afternoon with Elvis

We had much better luck with the weather for our Open Day on 25th July, when the sun shone throughout the afternoon.

Residents and visitors enjoyed a barbecue and garden games before settling in for entertainment from David Black, our popular Elvis impersonator.

David was a big hit, with plenty of familiar songs to sing along to and a great atmosphere throughout his performance.

There was also lots of fun with the party games, giving residents, relatives and visitors the opportunity to get involved. It was lovely to see so many people enjoying the garden, music and sunshine together.

Thank you to everyone who came along and helped make our Open Day such an enjoyable occasion.



Sunday Church Services

Residents can now take part in a weekly Sunday church service led by retired minister Cliff Keys.

For many of our residents, faith has been an important part of their lives for many years, and we recognise the importance of continuing to provide opportunities for worship within the home.

Cliff, from Frinton Free Church, has very kindly volunteered his Sunday afternoons to spend time with residents in the lounge and lead the service.

The sessions offer time for prayer, discussion and quiet reflection in a relaxed setting. We are extremely grateful to Cliff for giving his time each week and making these services possible.

If you feel your loved one would enjoy attending, please do encourage them to come along.



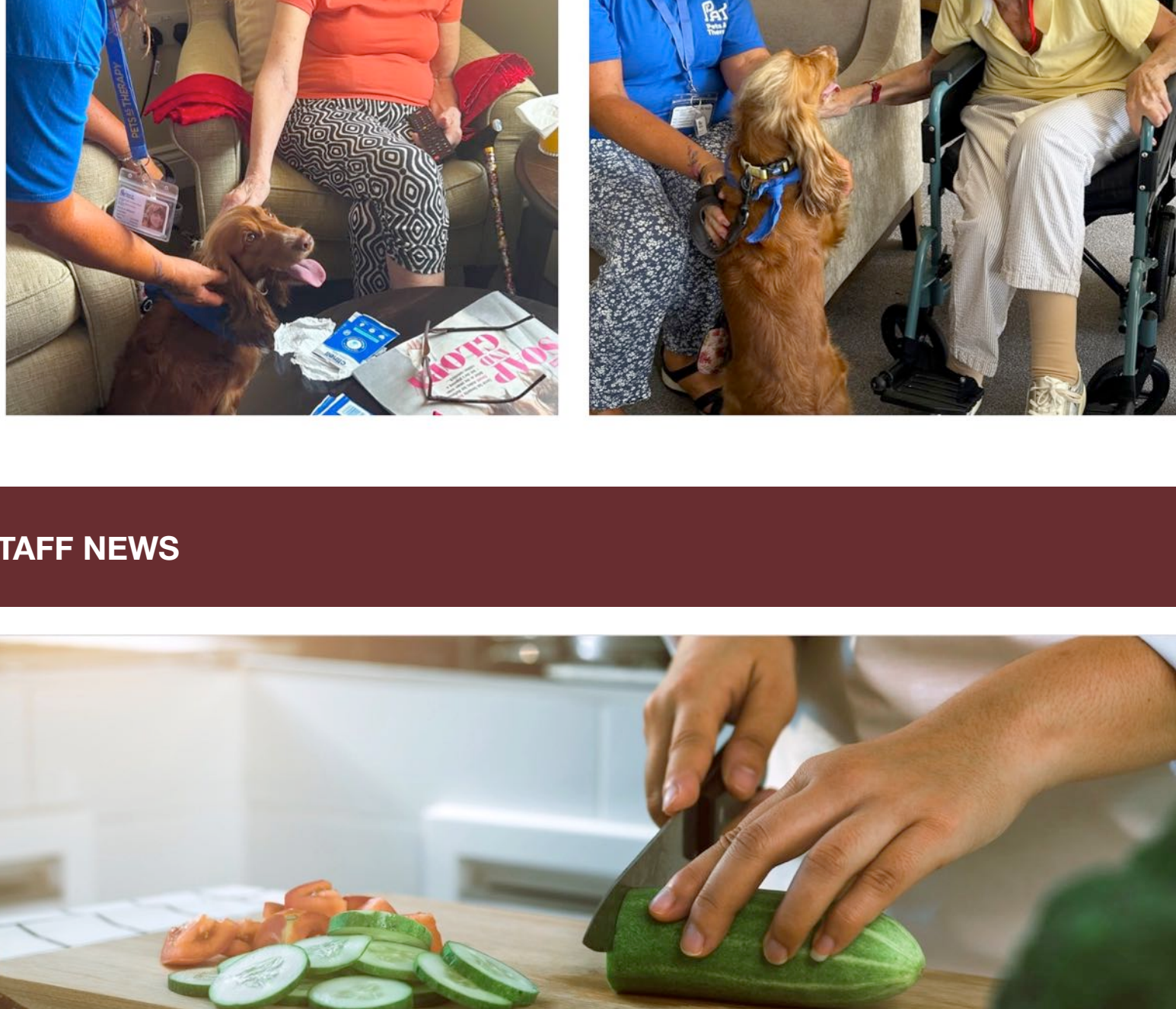
Dotty's Weekly Visits

Our very own therapy dog, Dotty the cocker spaniel, is now a regular visitor and comes to see residents once a week.

Dotty has quickly become a familiar and much-loved face around the home. Her owner, Nicola, tells us that she gets particularly excited as soon as they arrive in the car park because she knows exactly where she is going – and possibly knows there might be a treat or two waiting for her as well!

Residents enjoy giving Dotty plenty of fuss, cuddles and attention during her visits, and her arrival often starts conversations about pets and animals residents have known over the years.

Her gentle company is always very welcome, and we look forward to seeing her each week.



STAFF NEWS



Welcome to Our New Head Chef

We are delighted to welcome Sanoop Chacko, who has joined our team as Head Chef.

Sanoop brings a wide range of catering knowledge and experience to the role, having previously worked on cruise ships and in restaurants and hotels.

He joins an already experienced catering team and is looking forward to getting to know our residents, including their favourite dishes, preferences and the meals they most enjoy.

We hope residents, relatives and colleagues will join us in giving Sanoop a warm welcome as he settles into his new role.

COMING UP

Relatives' Meeting

Our next Relatives' Meeting will take place **on Tuesday 13th October**.

These meetings are a useful opportunity for relatives to hear updates from the home, ask questions and share their thoughts, ideas and feedback with the team.

We look forward to welcoming you and hope as many relatives as possible will be able to join us.

Halloween Sponsored Walk

Saturday 31st October - We will be getting into the Halloween spirit with a Fancy Dress Sponsored Walk in aid of our chosen charity, The Care Workers Charity.

Residents, relatives and staff are all encouraged to get involved, and fancy dress is very much welcomed for anyone who would like to join in with the Halloween theme.

Sponsor forms are available from Chantelle, our Activities Lead, or email activities@beaumontmanorcare.co.uk.

We hope the event will be another enjoyable way to bring everyone together while continuing our fundraising towards our £990 target.

Looking Ahead

As summer gives way to autumn, there is still plenty to look forward to over the coming months.

Our regular activities and entertainment will continue alongside our weekly visits from Dotty and Sunday church services with Cliff. We will also continue introducing different experiences and visiting entertainers to give residents a varied programme throughout the season.

October will bring our next Relatives' Meeting and our Halloween Sponsored Walk, when we hope residents, relatives and staff will join us for some fancy-dress fun while raising money for The Care Workers Charity.

As the year moves on, our attention will gradually turn towards the festive season and all the activities and celebrations that come with it.

Thank you once again to our residents, relatives, friends and dedicated staff team for your continued support. We look forward to another enjoyable few months together and to sharing more of our news in the next edition.

EXTERNAL LINKS

Social Media

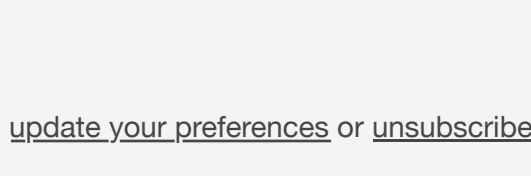
Make sure to check out the Beaumont Manor Care Home Facebook Page for all our latest photos!

[Don't Forget To 'Like' Us!](#)

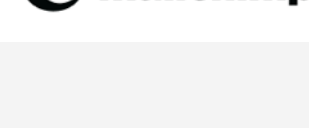
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